A regulatory amendment will improve safety on Lake Sainte-Marie in the municipality of Nominingue. An update to the Regulations Amending the Vessel Operation Restriction Regulations will prohibit the use of all power-driven vessels and implement a maximum speed limit of 10 km/h for vessels driven by electric propulsion.

After five years of working with Transport Canada, the Association des résidents des lacs Sainte-Marie et Saint-Joseph and the

town of Nominingue, with support from the Conseil Régional en Environnement des Laurentides, saw their hard work pay off: the boating restrictions on Lake Sainte-Marie (0.6 km²) that they have been advocating for will be implemented.

"Congratulations! This regulatory amendment is a direct result of your efforts and your belief in safety and environmental protection for Lake Sainte-Marie. Our lakes are a precious resource, both for the quality of life of local residents and for our tourist industry, and it is up to us to protect them." - David

Protecting our lakes is a key priority both for our riding and for rural regions more generally. A reflection, consultation, and research project is underway to share these concerns with the Government of Canada and propose potential solutions that fall under federal jurisdiction.

Le P'tit Train du Nord linear park: a key section of the **Trans Canada Trail!**



"Mr. Speaker, I recently had the pleasure of celebrating the completion of Quebec's section of the Trans Canada Trail. Le P'tit Train du Nord is the section of the trail that crosses the riding of Laurentides—Labelle. It is a roughly 200-km long linear park and a source of pride for everyone in my region. Thanks in part to the Government of Canada's financial contribution to maintaining and improving this essential infrastructure, tens of thousands of locals and tourists enjoy direct access to the largest recreational pathway in the world. The P'tit Train du Nord, its scenery, mountains, rivers, and farms showcase the history of development in the Laurentians. Today, this section of the Trans Canada Trail is used by hikers.

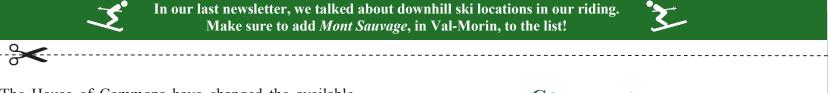
cyclists, cross-country skiers, and snowmobilers, and is another reason why the Laurentians shine in Ouebec, Canada, and the entire world."

Statement in the House of Commons, February 9, 2018.

I don't remember the old version



Feel free to enclose additional information or comments



The House of Commons have changed the available **COMMENTS** format for MP newsletters like this one in order to permit full colour editions. We have embarked on the pilot project and this newsletter is the first in the country to use the new format. What do you think of this new format? I prefer this new version I prefer the old version



CANADA 150 PINS

As part of the 150th anniversary of Canada's confederation, in order to recognise inspiring citizens, each Member of Parliament was provided with pins made from the copper of the roof of the Parliament Building. It is with pride that I introduce you to our 20 recipients. These people work selflessly for the betterment of our community.

Thank you to everyone who took the time to nominate so many people of quality. Congratulations to all for their involvement!

CONGRATULATIONS



Kinya Ishikawa

Val-David

Huguette St-Pierre

Rivière-Rouge

Johanna Earle

Arundel

Andrée Bruvère

Francine S. Mailloux

Madeleine Thivierge

La Conception













Pierre Bourget

Mont-Tremblant

Joanne St-Louis

Notre-Dame-du-Laus







Michel Bolduc

Mont-Laurier

Marc Cormier

Piedmont

(1969 - January 19th, 2018)

Gilbert Lafrenière

Jeannine & Marc Charbonneau Mont-Tremblant

www.davidgraham.ca | david.graham@parl.gc.ca | 1-844-750-1650



David Graham

Member of Parliament for Laurentides—Labelle

FROM HERE, FOR HERE

f /daviddebgraham

No stamp is needed to send mail to any federal Member of Parliament.

SAINTE-AGATHE-DES-MONTS MONT-LAURIER 80-A Norbert-Morin Blvd J8C 2V8 Phone: 819-326-4724

424 du Pont Street J9L 2R7 Phone: 819-440-3091 Fax: 819-440-3095

672 Confederation Building

OTTAWA

House of Commons K1A 0A6 Phone: 613-992-2289 Fax: 613-992-6864



A WORD FROM DAVID

Dear friends:

Fax: 819-326-2008

With the announcement at the beginning of the winter that the federal government is contributing \$13 million toward Internet access in Antoine-Labelle and another \$2 million toward Internet access in La Minerve, both matched by the provincial government, 18 of our 43 towns will have access to high speed internet for more than 98% of households by the end



A community's strength is showcased best when everyone is working together toward a common goal. Years of effort and hard work have gotten us this far, and now the finish line is in sight: high-speed Internet will be available soon in the northern part of our riding. Let's hope that this inspiring example of local residents joining forces will serve as a catalyst to help find sustainable solutions for the underserved areas in 25 communities that are still waiting to get connected.

I have advocated since coming into office that companies that provide Internet service to communities must be required to service the entire community, not pick and choose who is most profitable. I said this to the CRTC when I presented in April, 2016, and I was roundly criticised by the large telecom providers for doing so in the weeks that followed.

Internet, in my opinion, is infrastructure; and infrastructure, as a general principle, is not something you can offer to some people and not to others. I also believe that infrastructure should be seen as service ahead of business, and so it gives me great pride to be able to support the Antoine-Labelle MRC's project to connect everybody who has a hydro pole to high-speed Internet through the use of a municipally-created co-operative.

This is ground-breaking in a lot of ways. There is not a long history of the federal and provincial governments supporting cooperatives of this type. If this one works well, that can hopefully change; Quebec has a rich tradition of co-operatives and there is no reason that this cannot also apply to telecommunications as it already has demonstrated over the years through two small local telecommunication cooperatives in La Conception and La Macaza.



Models that work in other communities are a good source of inspiration. I had the opportunity to visit the Greenlight facilities in North Carolina, which provide reliable, accessible Internet service to the community. I brought back lots of great ideas to consider for our region.

More importantly, the principle that the whole community should be serviced is being applied. While a shack deep in the woods beyond conventional utilities that does not have either electricity or phone service will not be getting a fibre optic connection through these projects, everyone else will.

It is my hope that the remaining 25 communities in Pays-d'en-Haut and Laurentides can work together to come up with a similar model to that found in the north of the riding so that poor Internet access becomes a thing of the past for the Laurentians. As with Antoine-Labelle, which pulled the entire project together from scratch in less than two years, my team and our government are a ready and willing partner to help carry it through.

Internet is, after all, infrastructure.





My team and I are here for you! You are always welcome at any of our three offices. Do not hesitate to contact us, to send us your questions or comments about:

- Guaranteed Income Supplement
- Citizenship and Immigration - Employment Insurance
- Canada Revenue Agency
- The Canada Pension Plan
- Any community initiatives
- Any other federal issue or service

A TEAM DEDICATED TO THE COMMUNITY

Alary Lefebvre



LaRochelle

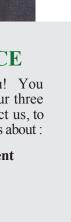






DAVID GRAHAM, DÉPUTÉ LAURENTIDES - LABELLE

Ce bulletin est également disponible en français



A CONSTITUENCY FULL OF INSPIRING PEOPLE!

You know about inspiring people and projects in the community? Share your admiration: tell us about them!



Every year, the players and coaches of *DesMonts*, the football and volleyball teams of the **Polyvalente des Monts** in Sainte-Agathe, invite local residents to attend their spaghetti dinner fundraiser. This high-energy event ran like clockwork!

Local federal news and information

Federal government gives Canada Post new direction

Great news! After completing extensive consultations, the Honourable Carla Qualtrough, Minister of Public Services and Procurement, confirmed that door-to-door mail delivery would be maintained across the country. In Laurentides-Labelle, that means that door-to-door delivery will continue in Sainte-Agathe-des-Monts and Mont-Laurier, which were dreading the implementation of the previous government's program to convert mail delivery to community mailboxes. In addition, a new vision was announced for Canada Post, one that emphasizes service to Canadians. For the first time, profits will be reinvested in innovation and improving customer service, and will be used to fund the accessibility prosgram for seniors and people with reduced

Lac-du-Cerf finally has its own postal code

At long last, at the town's request and through the work of our office, Canada Post's Ombudsman recommended that the town of Lac-du-Cerf should have its own postal code, and this change is about to come into effect: the town's postal code will be: **J0W 1S1**.

Support for caregivers

A new Employment Insurance (EI) benefit is now available to caregivers. Eligible caregivers can now claim up to 15 weeks of benefits when they take time off work to care for or support a critically ill or injured family member. Parents of children with critical illnesses will continue to be eligible for up to 35 weeks of benefits that can be shared by various family members.

The caregivers' tax credit

If you are are the caregiver for a spouse or dependent who has a mental or physical disability, the Canadian caregiver's tax credit is a nonrefundable tax credit for which you may be eligible.

Tour of Parliament

Major renovations will begin in the fall of 2018 at the Parliament of Canada and will take at least a decade to complete! As a result, Centre Block will be closed to the public. The House of Commons and the Senate will be relocated. For the next few months, this historically significant building, which also includes the impressive Library of Parliament, is still accessible. Free guided tours are available every day. Tickets must be picked up from 90 Wellington Street beforehand (across from Parliament Hill). Note that places may be limited and groups of 10 or more must make a reservation.

"Please let my team know if you are planning to be on the Hill so we can help you organise your tour." - David



"It is always an honour and pleasure to serve as the guide and answer questions from visitors, as was the case with this group from the Polyvalente Augustin-Norbert Morin in Sainte-Adèle, who stopped by on November 17th.

The House of Commons is yours; it is a privilege to share it with vou!" - David

What a great sense of community we have, with so many people volunteering with Operation Red Nose, including here in Rivière-Rouge! Bravo and thank you to the organizers of the Red Nose campaign in our area, which raised money for the Maisons des jeunes in Sainte-Adèle, Mont-Laurier and Mont-Tremblant and for the Fondation de l'école du Méandre in Rivière-Rouge!





Our communities are lucky to be able to rely on dedicated people who organize events like this one in **Huberdeau** to celebrate the holidays and bring everyone together to support the church in the village.



At the Club La Toison d'or in Saint-Sauveur, Chair Monique Guénette and the Board of Directors put in countless hours organizing social events for local seniors. You have my heartfelt gratitude!



The Centre de la famille des Hautes-Laurentides is celebrating its 30th anniversary. Thank you to all those who have contributed to the well-being and development of so many families over the



Jeannine Labonté and Fernand Léonard of Mont-Tremblant celebrated 70 years of marriage on October 4. I was thrilled to visit them, wish them a happy anniversary and present them with certificates, including one signed by the Prime

At the La Rose des vents farm in Mont-Laurier, owned by Diane Aubin and Jean-Guy Lacelle, the next generation is already hard at work: sisters Geneviève and Myrianne Lacelle and their spouses. This family business employs 25 people and is well known for its exceptional poultry. Pictured are company representatives and Benoit Cochet, Director of the Antoine-Labelle CFDC.



Christmas dinner hosted by the Club Les Amitiés du 3e âge in Sainte-Adèle, represented by Gilles Lachance and energetic organizers! Thank you for everything you do to help our seniors!

In October, a number of municipal fire

departments held doors-open events and gave

people tours of their fire stations, including in

Mont-Tremblant. What a great opportunity for

people of all ages to learn more about the

In Lac-du-Cerf in October, Sentiers du Mont-

Limoges celebrated its 50th anniversary.

Participants were able to reflect on the

significance and the history of the trail network

and to recognize the contributions of those

fascinating, valuable work our firefighters do!



KNOWING OUR REGION: from the past to the present...

There is an old adage that goes: we need to know where we come from to know where we are going. I love my country and am passionate about discovering the origins of places and the people who made them. So I invited my father, local historian Joseph Graham, to tell us a bit about the history of our region. If you have any historical subjects that you would like to learn more about, let us know! Enjoy the read!

The evolution of communication in our region

When studying our earliest history, it is a marvel to see how communications travelled along the rivers. Different Indigenous nations were related through trade, and people attended large events across the land. Tadoussac was the first inter-continental port of call, but the major trading partners for the Weskarinis Anishinaabe from here were the more proximate Huron-Wendat who supplied them maize in exchange for furs, canoes, pemmican and other goods they fabricated. News spread back along the river systems through the massive network of Iroquoian and Algonquian nations.



Augustin-Norbert Morin Photo courtesy of the SHGPH (Société d'Histoire et de Généalogie des Pays-d'en-Haut)

When the Five Nations dispersed the Weskarinis and the Huron-Wendat in the 1650s, the whole area became Five Nations hunting and trapping territory, but it was untenably large, and slowly the Anishinaabe and Cree repopulated it trading with the French, the Canadiens, whose major crop was wheat.

The wheat crop collapsed during the 1830s and the seigneuries overcrowded. New farms and methods had to be found, and in the early 1840s, the Patriote, Augustin-Norbert Morin, founder of the newspaper La Minerve, became the minister of agriculture and colonisation. He founded an experimental

potato farm that became Sainte-Adele and thereby encouraged farmers to move to our region. He depended heavily upon the Catholic Church, not just for religion, but for social services and education, and the pulpit was central for spreading information, as were the steps of the church after mass. As the colonists advanced north, they discovered places that were already occupied or named, Manitonga Soutana (Mont Tremblant), La Macaza, Chutes aux Iroquois (Labelle), Rapide de l'Orignal (Mont Laurier) and more.

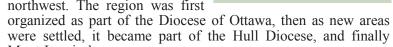
Sadly, while some of the Anishinaabe were absorbed into this new social fabric, many died of disease or departed when the forestry companies razed their hunting and trapping grounds.

Curé Antoine Labelle greatly expanded settlement and as the population of Canadiens increased, so too did the influence of the more urban communications media, the newspapers. As each town was established, it was also serviced by a post office, and

the naming of the La Minerve post office in 1896. Jean-Baptiste Rolland, an entrepreneur who arrived in Montreal with a few coins in his pocket in the 1830s, began work as a typesetter for the newspaper La Minerve and intervened in 1879 as its financial savior. His family set up a paper mill at the landing spot on the North River where Morin had arrived, singing to the rhythm of the canoe paddles, to create the original experimental farm. A new town called Mont Rolland formed there. Later, media baron Pierre Péladeau chose Sainte-Adèle for his country retreat.

Morin was commemorated in

The influence of the Church Photo courtesy of the SHRV continued to grow, and Curé Labelle expanded it to the northwest. The region was first



In 1896, another great journalist became a leader in our midst. Henri Bourassa, grandson of Louis-Joseph Papineau and founder of Le Devoir, represented the riding of Labelle (the federal riding of that time) in Wilfrid Laurier's government, and subsequently was elected as an independent. Communications technologies evolved leading to the telephone, radio and television, and today, the Internet. As instantaneous and omnipresent as this latest one seems to us, each form of communication, right back to the Weskarinis, through the Church and the newspapers, was as fast as it needed to be for the times it served.

Joseph Graham

Stanislas Jean-Baptiste

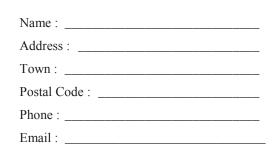
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(Société d'Histoire de

la Rivière-du-Nord)



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In order to protect the confidentiality of your responses, you may also put this response card in an envelope without a stamp or address, marked simply:

David Graham, MP

No stamp

DAVID GRAHAM. MP **672 CONFEDERATION BUILDING HOUSE OF COMMONS** OTTAWA, ON K1A 0A6